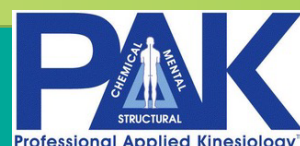


# APPLIED KINESIOLOGY SEMINAR

## NERVE ENTRAPMENTS: How to unscramble hidden problems with PAK

PRESENTED BY DR. CLIVE LINDLEY-JONES B.Ed (Hons), D.O., D.I.B.A.K.



FIRST TIME IN ITALY!

- ✓ 1ST WEEKEND February 22nd-23rd, 2020
- ✓ 2nd WEEKEND April 18th-19th, 2020



### MILAN (MALPENSA AIRPORT AREA), ITALY

Dr. Lindley-Jones has a degree in Education and Sociology, taught in the UK and Japan before studying Osteopathic Medicine at The European School of Osteopathy, where he graduated in 1981. He was on the Faculty of the European School of Osteopathy from 1983 to 1993. In 1992 he became a Diplomate of the International Board of Applied Kinesiology. As a Teaching Diplomate over many years he has taught numerous standard and advanced courses in Applied Kinesiology in England, Germany, Belgium, Holland, Korea, Japan and Australia. He holds a Diploma in

Transpersonal Psychotherapy, a Masters qualification in NLP as well as certifications in NLP & Health, Training & Consultancy & Coaching. Since 1997 he was closely involved with the Registered Charity, The Sunflower Trust teaching them AK, Functional Medicine & NLP based protocol for helping children who may be underachieving at school or have behaviour, learning or health difficulties. He is registered with the General Osteopathic Council, is a member of the Institute of Osteopathy and was, until recently, on the International Board of Examiners (IBE) of the ICAK. He has worked in private practice in Oxford for over thirty-five years.

This is an advanced and updated AK course during which Dr. Lindley-Jones will use his decades of teaching and clinical experience to teach how to find and easily treat often hidden problems related to nerve entrapments and other problems relating to head, neck and shoulders as well as lower torso, back, knees and lower extremity. This course, split into two weekends for better comprehension, will be extremely practical. A printable pdf for quick reference with flow diagrams will be given to maximize your ability to quick review and apply your new found knowledge with your patients.

## WEEKEND 1 (February 22nd-23rd, 2020) NERVE ENTRAPMENTS OF THE UPPER LIMB

### IN THIS SEMINAR YOU WILL LEARN TO:

1. Identify and treat reactive and muscle interlink muscle patterns
2. See how common these can be in hidden dysfunction and follow their effects on synergist and antagonist muscle function and gait
3. Put together a seamless flow of 21 muscle tests of the shoulder & neck you can do accurately almost in your sleep
4. Understand the five key aspects of the Thoracic Outlet Syndrome and how to test for and treat each one
5. Approach skillfully the acromio-clavicular and slipped bicipital tendon
6. Diagnose and treat the six nerve entrapments of the elbow
7. Assess the nerve entrapments in the median, radial and ulnar nerve using the best tests
8. Apply quality AK testing for the wrist and hand and learn about their repetitive strain injuries
9. Use specific test of the abdomen and understand how these can influence the function of the lower limbs, in preparation of what we are going to study in module 2

## WEEKEND 2 (April 18th-19th, 2020) NERVE ENTRAPMENTS OF THE LOWER LIMB

### IN THIS SEMINAR WE WILL QUICKLY REVIEW AND TAKE QUESTIONS ON MODULE 1 AND YOU WILL LEARN TO:

1. Master five muscle tests of the lower back you may not be using with effect
2. Become more proficient with six muscle tests in the hip and pelvic floor
3. Spot and treat the five nerve entrapments of the pelvis
4. Explore the ileolumbar ligament and gait imbalances
5. Diagnose and treat the Popliteus Syndrome and Peroneal nerve syndrome in the knee
6. Identify and treat Anterior Tarsal Tunnel Syndrome, Tarsal Tunnel syndrome and Metatarsalgia in the foot
7. Look for and treat the common muscle interlink problems in the lower limb and how they can lead to common lower limb joint problems
8. See all these filters as lenses to use to approach common problems of pain and dysfunction
9. Put Upper and Lower extremity together into a seamless whole when looking at both acute and common pain syndromes

This seminar will be offered in English with consecutive translation in Italian.

Bring your portable table!

### FEE FOR ONE SEMINAR

- 450€ base price (1st OR 2nd weekend)
- 425€ ICAK member OR registered 30 days before the seminar
- 400€ ICAK member AND registered 30 days before the seminar

### SPECIAL FEE FOR BOTH SEMINARS

- 790€ base price (bought together)
- 740€ ICAK member OR registered before January 24th, 2020
- 690€ ICAK member AND registered before January 24th, 2020

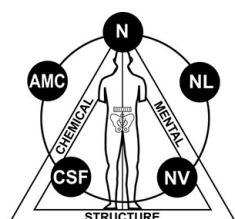
Special fee for students 170€ for each seminar

**save 110€ if you buy both weekends together!!!**

No registration at the door

### SEMINAR HOURS

Saturday	Registration	8:30-9:00
	Lecture	9:00-13:00
		14:00-18:00
Sunday	Lecture	9:00-15:00



### SEMINAR LOCATION

Best Western Hotel Cavalieri della Corona  
via Baroldo, 12 – 21010 Cardano al Campo - VA (Italy)  
tel. 0039/0331/730350 – fax. 0039/0331/730348  
www.cavalieridellacorona.com - email: cavalieri.va@bestwestern.it

To register click this link: <http://icak.it/event/registration-lindley-en.doc>

Fill in the registration module and send it to: [icak.italy@gmail.com](mailto:icak.italy@gmail.com) together with a scan of your diploma and a confirmation of the payment. Alternatively call +39 (0)35 913745.

For more information about Applied Kinesiology visit:  
[www.icak.it](http://www.icak.it) and our facebook page: <http://www.facebook.com/icakITA/>